

Be WISE Camp

WHAT TO BRING

Be prepared to handle all kinds of weather-warm/cool, rain/shine. Old clothes that are comfortable, durable and washable are recommended. Remember the camp is for 5 DAYS.

- ___ alarm clock
- ___ soap, comb and/or brush,
toothbrush, toothpaste, deodorant, etc.
- ___ jeans
- ___ shorts (including an old pair for stream or pond)
- ___ sweater, sweatshirt, and/or jacket
- ___ shirts
- ___ socks (1 pair per day and one old pair for pond or stream.)
- ___ pajamas
- ___ underwear
- ___ rain gear (poncho or raincoat) (poncho works best for pond and stream)
- ___ 1 pair tennis shoes plus 1 old pair tennis shoes or wading boots for stream or pond.
- ___ flashlight with new batteries
- ___ 3 plastic garbage bags for dirty clothes and room trash
- ___ swimsuit and beach towel
- ___ wide mouth reusable water bottle
- ___ camera
- ___ bedding (sheets, blankets, pillow with cover)
- ___ hand and bath towels

OPTIONAL EQUIPMENT

- ___ slippers
- ___ hair dryer
- ___ suntan lotion
- ___ bug repellent
- ___ stamps
- ___ sanitary supplies if needed
- ___ shower caddy

WHAT NOT TO BRING

- ___ Snacks (food, including gum. Attracts bugs)
- ___ Radios, mp3 players, ipods, ipads, Notebooks
- ___ Slick bottomed shoes, backless sandals or Flip flops
- ___ **cell phones**

PLEASE NOTE:

BE SURE TO LABEL ALL OF YOUR THINGS.



Where Girls Succeed